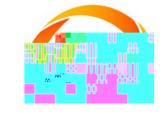


Sun shade structures from BBC Plymouth (Andrew Brown)

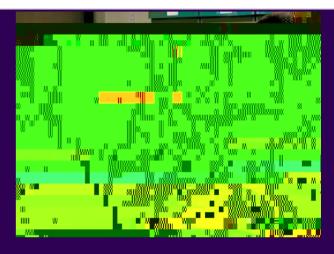
August 2006



UPF definition



UPF (Ultraviolet Protection Factor) - how much the effect of solar UVR is reduced when passing through *fabric* of clothing



$$UPF = \frac{E(\)\ (\)}{E(\)T(\)\ (\)}$$

- E() spectral irradiance of terrestrial sunlight
- () erythema action spectrum
- T() spectral transmittance

UPF: important to know

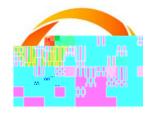


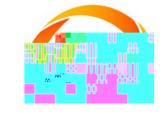
- Not simply a transmittance of fabric: takes into account that different wavelengths of UVR spectrum have different effects on human skin
- Defined for fabrics, not garments
- Similar to SPF for sunscreens
- •Measured in 290 400 nm spectral range: naked eye doesn't see it
- •UVA UVR between 315 nm and 400 nm
- •UVB UVR between 280 nm and 315 nm
- •UPF (and SPF) is, mainly, characteristic of UVB protection of material but UVA also has adverse health effect
- UPF15 recommended by Cancer Research UK as a minimum protection level
- Fabrics are tested according to British Standard BS EN 13758-1:
 2002 "Textiles Solar UV protective properties"

Good UVR protection: high UPF (>15) AND low UVA transmittance Fabric should cover skin



UPF test results





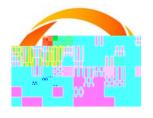
Results: parasols (2)



Sample No	Description	Fabric UPF	T _{UVA} av, %
BBC_3	White Compact	16	8.5
BBC_4	Pink with black trim	15	14.5
BBC_5	Fucshia Beach/Garden Umbrella	12	23.8
BBC_10	Black Pushchair parasol	23	6.9
BBC_11	Naw Ladybird pram parasol	12	10.9

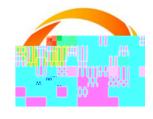
- Colours are very different -UPFs are the same
- White parasol has lower UVA transmittance than pink
- Colour of fabric is often NOT an indicator of its UVR protection

Results: parasols (3)



Sample No	Description	Fabric UPF	T _{UVA} av, %
BBC_3	White Compact	16	8.5
BBC_4			

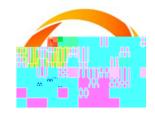
Results: parasols (4)



Sample No	Description	Fabric UPF	T _{UVA} av, %
BBC_3	White Compact	16	8.5
	Pink with black		
BBC_4	trim	15	14.5
BBC_5	Fucshia Beach/Garden Umbrella	12	23.8
BBC_10	Black Pushchair parasol	23	6.9
BBC_11	Navy Ladybird pram parasol	12	10.9

Same UPF, very different UVA transmittance

Results: behed shelters



Sample No	Description	Retailer	Price	Fabric UPF	T _{UVA} av, %
				purple 12;	purple 17.2;
BBC_6	Monodome Beach Shelter with zip door	TrickyBDickys	£6.99	red 12	red 18.5
				Blue 17;	Blue 13.0;
BBC_7	Beach Shelter with zip-up door		£6.99	red 15	red 14.6
		Shirley		Blue 8;	Blue 23.8;
BBC_8	Beach shelter	Cottage Gifts	£6.99	red 7	red 22.4
				Blue 30;	Blue 10.0;
BBC_9	Blue and yellow beheh shelter			yellow 14	yellow 16.1

Results: beach shelters (2)



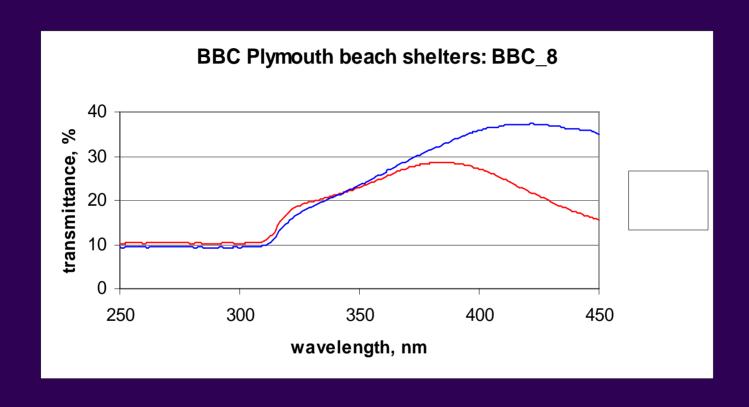


Results: beach shelters (3)





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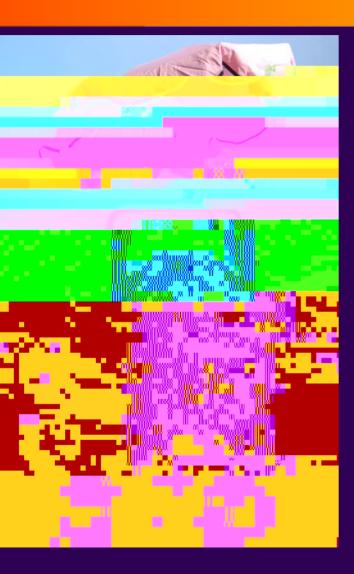


BUT....

- UPF is a characteristic of UVR protection of the fabric, not a garment
- Good indication of the protection level but not of the real protection
- •Fabric should shield the skin: if it doesn't cover skin, it doesn't protect it

Things to remember



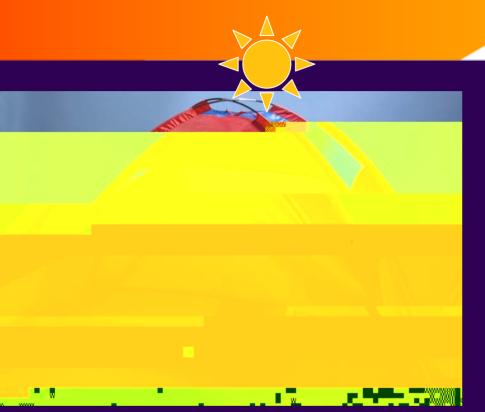


The same parasol, the 0n09ushchairol,



Things to remember







The same beach shelter, the same baby: think about it when you set your shelter on a beach

If used incorrectly, might give false perception that your child is safe in the sun